



"Jesus Is Sweet" Ice Cream Cone Lesson

Scripture Focus: Psalm 104:34 – *"My meditation of Him shall be sweet: I will be glad in the LORD."*

Target Age: Preschool – Early Elementary

Lesson Focus: Gratitude, God's Creation, and Loving Jesus



Teacher's Intro & Object Lesson

(Hold up an ice cream cone, a picture of ice cream, or a toy ice cream craft)

"Who here loves ice cream? What is your favorite flavor?"

Ice cream is cold, creamy, and super sweet, isn't it? When you get an ice cream cone on a hot summer day, it makes you feel so happy!

Did you know the Bible talks about something being sweet? In Psalm 104:34, the Bible says: *'My meditation of Him shall be sweet: I will be glad in the LORD.'* 'Meditation' is just a big word that means thinking about God! So when we think about Jesus, His love, and all the good things He does for us, our thoughts should feel just like a sweet treat."



How Did God Make Your Ice Cream?

"Have you ever thought about how many amazing things God had to create just so you could enjoy an ice cream cone today? Let's trace it back!

- **God Made the Cows:** Where does milk come from? Cows! God made the farm animals to give us milk and cream to make ice cream.
- **God Made Your Taste Buds:** Look at your tongue! God put tiny little taste buds on your tongue so you can taste sweet chocolate, strawberry, and vanilla.
- **God Made Your Teeth:** Crunch! God gave you strong teeth so you can crunch up that tasty ice cream cone.

- **God Made Your Heart:** God made your heart so you can feel happy, thankful, and filled with joy when you enjoy His blessings!"

🔍 Fun Questions for the Kids

1. What is your absolute favorite ice cream flavor?
2. What are some 'sweet thoughts' we can think about Jesus today? (*Examples: He loves us, He takes care of us, He made the world!*)
3. What is one thing you want to say 'Thank You' to God for today?

🙏 Simple Closing Prayer

(Have the kids fold their hands and repeat after you)

"Dear Jesus,

Thank you for loving me so much.

Thank you for making the world, the animals, and sweet treats like ice cream!

Help my thoughts about You to always be sweet and glad.

In Jesus' name, Amen!"